

EVEL
ONE

Christian Science Sentinel

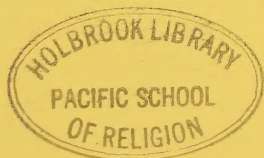
October 30, 1978

Vol. 80, No. 44

50¢

"What I say unto you I say unto all, WATCH."—Jesus

GTU Library
2400 Ridge Road
Berkeley, CA 94
(510) 649-2500



VICTORY OVER
SLANDER

PUTTING
THE EMPHASIS
ON HEALING

EXEMPTION FROM
OCCUPATIONAL
HAZARDS

- 1785 **Now is good enough!** Sheila G. Cole
 1789 **Victory over slander** Alexander H. Swan
 1791 **A nice discernment** Virginia Thesiger
 1794 **Putting the emphasis on healing** Kenneth C. Lane
 1796 **Say, in a word** (Poem) Margery Macdonald Cantlon
 1797 **Travel light!** Helen C. Berglund
 1799 **We are able** Margaret P. Negus
 1801 **Peeling off wrong labels** Dorrisene Foreman
 1804 **Exchange pressure for buoyancy**
 Edna May Evans White
 1807 **A short course in map reading** (Poem) Jo Ann Levine
 1813 **Work to do** (Poem) Roy J. Linnig

FOR CHILDREN

- 1814 **Trick or truth?** Kathryn Mae Renner
 See testimony, page 1826

EDITORIALS

- 1808 **No mutation of spiritual sense**
 1811 **Exemption from occupational hazards**

TESTIMONIES AND NOTICES

- 1818 **Testimonies of Christian Science Healing**
 1827 **Christian Science Lectures**

Founded in 1898 by Mary Baker Eddy,
 Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

Christian Science Sentinel. Published weekly by The Christian Science Publishing Society, One Norway Street, Boston, Massachusetts, U.S.A. 02115. Second-class postage paid at Boston, Massachusetts. The design of the Cross and Crow seal is a trademark of The Christian Science Board of Directors, registered in the United States and other countries. Use by permission. Subscription price, postpaid to all countries, one year, \$17.50; six months, \$8.75; single copy, 50 cents.

© 1978 The Christian Science Publishing Society. All rights reserved.

[Printed in U.S.A.]

Christian Science Sentinel®

Marca Registrada

“What I say unto you I say unto all, WATCH.” Jesus

Now is good enough!

SHEILA G. COLE

There is only now, and it holds all good. Yes, that's true! So if ever the thought comes that life will be better in the future, or that it was happier and more fulfilled in the past, we can declare this great truth—the *nowness* of good.

The material senses, of course, say something quite different. They are constantly telling us that we are mortals with only one life to live, and a relatively short one at that, so we must struggle to get all the good we want for ourselves while we can. This is a hoax, an illusion. In fact, Life is God, omnipresent good, and God is forever! Christian Science reveals this, and its Discoverer and Founder, Mary Baker Eddy, writes in *Science and Health with Key to the Scriptures*: “Life is eternal. We should find this out, and begin the demonstration thereof. Life and goodness are immortal.”¹ We might say that material life is like a schoolroom—a learning time in which we gradually see through

the mirages of the material senses and demonstrate eternal, divine Life.

Death does nothing to hasten the awakening to spiritual perfection. Yielding to still another illusion never led anyone into heaven. Time, being nothing more than belief, has no power of its own to make us appear to age and die or to make us wiser and better. Every moment belongs to God and is full of newness, inspiration, and purpose.

Right now we can refuse to believe that we live in a material body, which has a health risk. We can deny that we are dependent upon a personal brain for our intelligence and control. We can acknowledge that, being in truth God's man, we never really suffer physically and long for escape. We never pursue sensual pleasures and lose sight of our true identity. We never walk a knife edge between sanity and insanity. We never are subject to the pressure of materialism, which claims to push its victims on to success or failure. And why not? Because these things are nonexistent, since Spirit is All.

Students of Christian Science, however, are under one pressure, the one Mrs. Eddy refers to in *Science and Health*, where she says, "Christian Scientists must live under the constant pressure of the apostolic command to come out from the material world and be separate."² But we cannot leave the world if we are trying to force ourselves into a material future or to lock ourselves into a material past. Instead, let us live in the eternal now, which is beautiful, great, and Godlike in every aspect.

Perhaps you are saying: "That's all very well, but *my* now is far from perfect. I have no job. My health is bad. I lack friends. I have no money. I fall under temptation. I have no hope." This is a deception of the physical senses, no matter how real it seems. It has no foundation in fact. Desperately trying to better our situation through willpower, drugs, or a devil-may-care attitude gains us nothing. The answer is to wake up to reality.

Waking up to the living now of God's perfection is a gradual experience. It requires a willingness to leave the mist of mortal reasoning for the sunlight of spiritual knowing.

Christ Jesus, the Way-shower, knew the futility of searching

the material future or past for omnipresent, spiritual good. When he raised Lazarus from the dead, he did not pray to God for some miraculous thing to happen. He knew that God was already giving eternal life to every spiritual individuality He had created. So he simply said: "Father, I thank thee that thou hast heard me. And I knew that thou hearest me always: but because of the people which stand by I said it, that they may believe that thou hast sent me."³ Then he commanded Lazarus to come forth. He roused Lazarus out of the belief in death and restored him to normal living.

Mrs. Eddy realized the possibility of awakening to omnipresent good now when she said: "Now is the time for so-called material pains and material pleasures to pass away, for both are unreal, because impossible in Science. To break this earthly spell, mortals must get the true idea and divine Principle of all that really exists and governs the universe harmoniously."⁴ So if we find ourselves in an uncomfortable situation, let us listen to God, Truth, and wake up. God never stops speaking to us. Every minute is filled with His messages, teaching us it is enough just to be!

To be means to be conscious of our wonderful relationship with God as His likeness. To feel our oneness with the divine Mind. To see the marvelous beauty of Soul. To feel the strength and power of Principle. And, most of all, to reflect the love of Love. Not one of these things is dependent on time. They were never more true yesterday than they are today; neither will they be more true tomorrow than they are now.

Paul writes in his Second Epistle to the Corinthians, "Now thanks be unto God, which always causeth us to triumph in Christ."⁵

For a long time I led a busy life as a teacher and assistant youth leader. Church work added to this. Then suddenly I was no longer a teacher or youth leader. My involvement with people was drastically reduced.

I vowed I would fill the extra time doing all the things I'd always wanted to do. I gladly gave more time to church work and reaped the benefits. But the other things didn't get very far! Instead, I seemed to have a never-ending pile of mending and

washing and a group of hungry people waiting for the next meal—not to mention shopping, cleaning, and gardening. Some days I felt cheated, but I always made time for spiritual study and prayer.

One day I wondered vaguely why I felt cheated. Had I begun to look—almost unconsciously—toward a more fulfilled tomorrow, or was I glancing back at what seemed to be a more purposeful past? Either way, whenever I listened to these thoughts, they kept me from living in the now.

One summer evening, feeling troubled and in need of God's direction, I went for a walk in the twilight. An orange harvest moon was rising over the hills. I leaned on the wall of an old churchyard and looked out at the quiet stretch of beach and sea. Behind me twinkled the lights of the houses. I fixed my gaze on the ancient church spire and asked God to show me what I must do. The word "listen" came to my thought. So I listened. And although I heard no more words, I felt peaceful.

As I began to walk home, suddenly everything in the now was beautiful beyond description. I saw the spiritual ideas beyond the pictures presented by the senses, and these illuminated my view of the universe. My awakened thought was glimpsing reality here and now!

When I got back, there were still jeans to be patched, sweaters to be mended, and pots to be washed. But I had reclaimed an eternal truth, and I knew that as long as I kept spiritually awake, nothing could cheat me out of it. I had learned that my relationship with God in all its glory and my ability to see His creation are in the now. So now is good enough!

¹ *Science and Health*, p. 246; ² *ibid.*, p. 451; ³ John 11:41, 42; ⁴ *Science and Health*, p. 39; ⁵ II Cor. 2:14.

Victory over slander

ALEXANDER H. SWAN

When lies or insinuations are directed toward us, we can rely upon something more substantial than just the human truth of the matter. We can turn to the invincible nature of Truth, God.

Man, God's spiritual reflection, is always under the control of his creator, divine Truth. Erroneous thoughts or slanderous statements can be proved powerless as we recognize that God's law completely and continually governs man. Error is never real; it never has validity; it can never, in reality, be taken into thought, because there is only one Mind and that Mind is Truth.

The Bible relates many instances in which Christ Jesus was maligned, misunderstood, misjudged. Despite his kindness and unceasing love for others, despite his many acts of healing, his detractors attempted to stop his work and destroy him. Mrs. Eddy, in establishing Christian Science, also suffered attacks, and in some instances even betrayal by those she thought were her supporters.

Yet her steady trust in God provided her with the strength to continue her work. Remembering her faithful following of Jesus' example, I was strengthened and supported at one time when some erroneous—and apparently vicious—statements were made about me, which hurt me deeply and which, I thought, eliminated me from an opportunity to progress in my work.

At first, bitterness, resentment, even a tinge of revenge, clouded my thought. But I began to replace the disturbance with the clearer realization of my true identity as God's perfect child.

The change did not come in a moment. It required long periods of deep and persistent prayer. I declared that because my origin was spiritual, and I was maintained by the allness of Truth, a mortal lie could never be introduced into my experience. Because my true selfhood was inseparable from my Father-Mother Love, I could not be reached by hatred or harmed by slander of any kind. Mrs. Eddy's words were most assuring: "Clad in the panoply of Love, human hatred cannot reach you."¹ Before long even the remembrance of the incident was virtually eliminated. And, in addition, I made much progress in my work.

In *Science and Health* Mrs. Eddy writes: "Progress is born of experience. It is the ripening of mortal man, through which the mortal is dropped for the immortal."² We can prove that opportunities for greater service cannot be set aside by false human opinion or evaluation.

We can learn to turn away from all material sense and seek the assurance of God's presence. Where does a lie originate? Does God ever voice it? The Bible tells us, "And God saw every thing that he had made, and, behold, it was very good."³ From this we can see that a lie is not the product of God or of His spiritual ideas. Reasoning from this standpoint, we see that no negative or slanderous human thought could rob God's idea of his Father's love. So no matter what another may think or say, if this thought does not come from the divine Mind, it cannot be true or have any power.

Supported by an understanding of the truth of God and man, a victim of slander can—with the power of Truth—eliminate distress and unhappiness. Using Christ Jesus as an example, he can be undaunted by threats or persecutions.

In the *Manual of The Mother Church* Mrs. Eddy gives "A Rule for Motives and Acts." It begins: "Neither animosity nor mere personal attachment should impel the motives or acts of the members of The Mother Church. In Science, divine Love alone governs man; and a Christian Scientist reflects the sweet amenities of Love, in rebuking sin, in true brotherliness, charitableness, and forgiveness."⁴

Abiding in the consciousness of Truth, we are able to elim-

inate negative elements of thought. We recognize that man always reflects Godlike qualities; that he is never less than perfect and never motivated or touched by error. With this understanding of Truth and its idea, man, we can be victorious over slander!

¹ *Science and Health*, p. 571; ² *ibid.*, p. 296; ³ Gen. 1:31; ⁴ *Man.*, Art. VIII, Sect. 1.

A nice discernment

VIRGINIA THESIGER

Once when selling produce at a charity sale I asked a visitor if I could interest her in buying a delicious-looking chocolate cake.

"No, no," she said, waving me away. "You're too tall!"

This was admittedly carrying discrimination to eccentric lengths, but in some degree are we not all prone to foolish prejudices? They often seem to have been grafted onto us through centuries of false beliefs, and we tend to accept them unthinkingly. Not many of us believe we discriminate against, or even for, anybody; but if we stop to think, we find we have been educated to prejudge our fellowmen much of the time. We put them into categories, label them neatly as to races, nations, classes, creeds, sexes, ages, education, financial status, and so on, and then wait for them to be typical.

At the back of our thought we know this is not only wrong but unreasonable. God is the creative force of the universe, the only presence, the infinite One. God is the great spiritual cause, of which spiritual man is the effect. In our actual being, each one of us is spiritual. We all live and have being in God. Christian Science teaches that in reality there is nothing but God being expressed in perfect and eternal ideas, the highest of which is man.

In the full realization of this oneness of God and man, in the certainty that man reflects all God's attributes, we find the answer to the negative aspects of discriminatory thinking.

Actually, "discrimination" has several definitions in the dictionary. On the negative side it means partiality or prejudice in treatment. On the positive side, discernment. Quite simply, the most important discrimination that a Christian Scientist needs to exercise is between the real and the unreal, between Truth and error. This choice between the real, immortal man and his false, material counterfeit should not, on the face of it, be too difficult; but often, indeed almost always, we need to make a definite effort to watch and pray in order not to be influenced by popular world opinion.

It *seems* natural for each of us to be attracted to or disenchanted by different kinds of people. But is it? We should earnestly ask ourselves why. Surely we are not so shallow as to be drawn to some because they went to the same school? Surely we are not so narrow as to dislike a whole race because of its color or its religion? Surely not! It can worry us, this ambivalence in our thinking; because, though we applaud Christ Jesus' fraternizing with publicans and sinners and praise Paul for preaching that "there is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus,"¹ we cannot help feeling the need to be selective in some way.

And so we should be. In reality, every man reflects his Maker's intelligence, beauty, integrity—the pure perfection of Spirit. We can practice discernment by continually seeking out the spiritual qualities of our fellowman and by rejecting the counterfeits of these qualities.

To discriminate between a real or counterfeit coin, a genuine or fake picture, one has thoroughly to know one's subject, to have taught oneself to recognize the true from the false. As this power of selection increases, so does one's confidence. And so it is in life when we learn the spiritual facts of God, His expression man, and the universe with its harmony and beauty. Then the counterfeit man and universe with their lack of harmony, harmful prejudices between men and nations, color bars, and worship

of human power and prestige, do not catch us unawares or make us believe in them as though they were real and God-endowed. The more we learn of what is genuine, good, and Godlike, the quicker will be our rejection of deceptive material appearances.

Instruction in the spiritually real is necessary before we can discriminate between the illusory picture of mortality painted on a material canvas and the beauty and harmony of God's perfect creation. Mrs. Eddy writes, "Every material belief hints the existence of spiritual reality; and if mortals are instructed in spiritual things, it will be seen that material belief, in all its manifestations, reversed, will be found the type and representative of verities priceless, eternal, and just at hand."²

True discrimination does not come through wishful thinking or through a smattering of spiritual knowledge. It comes through consecrated, dedicated study, through a deep, genuine love of God and a desire to know Him and His creation in far greater depth. We need not indiscriminately *like*; but love we can, and must. Spiritual love has no frontiers. When we see people in their proper perspective, as sons and daughters of God, the odd assortment of barricades that society has erected round its members fades from view. To separate the tares from the wheat, the dross from the gold, we need much more love, much more understanding, much more awareness of man's immediate relationship to God.

"Insubordination to the law of Love even in the least," says Mrs. Eddy, "or strict obedience thereto, tests and discriminates between the real and the unreal Scientist."³ To cultivate discrimination among one's own thoughts from this spiritual standpoint is a pleasure in Christian Science, because with this ability life is enriched, errors are avoided, misunderstandings and hurts are more and more rare, and more opportunities to love and be loved unfold.

¹ Gal. 3:28; ² *Miscellaneous Writings*, pp. 60-61; ³ *ibid.*, p. 119.

Putting the emphasis on healing

KENNETH C. LANE

Christian Science gives us a unique premise for healing—namely, the perfection of man as the image of God. It asserts that an indestructible relationship exists between God and man, and it provides evidence of this relationship by healing sickness and destroying sin. Of what value would be the assertion that God is omnipotent and man His perfect expression if this could not be proved? Without evidence of the power of good over evil, the goodness of God remains a theory only; it has no practical value.

For this reason it behooves each of us to assert our divine right to prove the power of divine Truth. Christ Jesus provided overwhelming evidence of this power by healing every form of evil that presented itself to him. So numerous were his works that we are told at the conclusion of John's Gospel, "And there are also many other things which Jesus did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that should be written."¹

To me the striking point of Jesus' works lies in his conviction that God's presence should be made evident. When Jesus' disciples asked him, "Who did sin, this man, or his parents, that he was born blind?" the Master answered, "Neither hath this man sinned, nor his parents: but that the works of God should be made manifest in him."² And Jesus healed the blind man. In the Old Testament the prophet declared, "Ye are my witnesses, saith the Lord, that I am God." And again, "This people have I formed for myself; they shall shew forth my praise."³

Why should Christians today be less adamant in their profession of God's goodness and power and in their insistence on seeing proof of this power in their own lives? Perhaps much of the

problem lies in ignorance as to *how* those marvelous works recorded throughout the Bible were brought about. We should not feel reluctant to accept the fact that today this understanding is fully revealed and available to all. Christ Jesus told his disciples: "I have yet many things to say unto you, but ye cannot bear them now. Howbeit when he, the Spirit of truth, is come, he will guide you into all truth." ⁴ Through Christian Science we find the promised Comforter guiding us into the truth of God and of man, which enables each of us to heal and be healed.

Mrs. Eddy says, "God, good, can no more produce sickness than goodness can cause evil and health occasion disease." ⁵ And in another place she writes: "In divine Science, man is the true image of God. The divine nature was best expressed in Christ Jesus, who threw upon mortals the truer reflection of God and lifted their lives higher than their poor thought-models would allow,—thoughts which presented man as fallen, sick, sinning, and dying. The Christlike understanding of scientific being and divine healing includes a perfect Principle and idea,—perfect God and perfect man,—as the basis of thought and demonstration." ⁶

Christian Scientists are learning by degrees that in proportion as they understand this remarkable relationship of man to God, realizing the allness of God and the consequent nothingness of matter or material existence, the greater will be their demonstration of spiritual existence—the only true state of being—with its health and harmony. They are learning that in proportion to their fidelity to the teachings of Christ Jesus, their living of the spiritual truths exemplified in his healing works, they can imitate those works in healing themselves and others. But they claim no exclusive rights to this ability to heal. For the power to heal is from God alone and accompanies naturally and inevitably a spiritual understanding of Him.

Christian Science makes a definite distinction between man, the spiritual expression of God, and the mistaken or counterfeit sense of man as a mortal. Rejection of the false concept and its evils is based on the spiritual fact that God made man in His own image, immortal and good. Sickness, wrongdoing, and death cannot, then, constitute man's true identity or life. The

Christian Scientist places his emphasis on healing in its broadest sense because he is in the business of bearing witness to the truth that God is the only power and that man is not a mortal but an immortal idea forever living in infinite Mind. Man is as perfect as God is perfect.

In the *Manual of The Mother Church* under the heading "Healing Better than Teaching" Mrs. Eddy clearly states: "Healing the sick and the sinner with Truth demonstrates what we affirm of Christian Science, and nothing can substitute this demonstration. I recommend that each member of this Church shall strive to demonstrate by his or her practice, that Christian Science heals the sick quickly and wholly, thus proving this Science to be all that we claim for it."⁷

Today, Christian healing substantiates the teachings of the Master. It shows that the truths he taught and the examples he gave are just as potent now to bring healing to mankind, to defeat the lie of mortality.

¹ John 21:25; ² 9:2, 3; ³ Isa. 43:12, 21; ⁴ John 16:12, 13; ⁵ *Science and Health*, p. 230; ⁶ *ibid.*, p. 259; ⁷ *Man.*, Art. XXX, Sect. 7.

Say, in a word

Authoritative word,
leave now.
The confident heart
is ready to let you go
having come to know
God's work is done,
and must be shown
as the wonderful One's
own love expressed.
Now, healing word,
take flight,
find rest.

MARGERY MACDONALD CANTLON

Travel light!

HELEN C. BERGLUND

Today's traveler knows that excess baggage can be an expensive nuisance. He thoughtfully checks the whole situation and decides what can be eliminated. The travel requirement for Love's great adventure is similar: *travel light*.

To be willing to travel light in this sense means willingness to drop off beliefs in matter's existence or intelligence as quickly as one can relinquish them. The traveler has the effective assistance of the Bible, the Christian Science textbook, *Science and Health* by Mrs. Eddy, and Mrs. Eddy's other writings, to enable him to identify the earth-weights of mortal misconceptions. As these are dropped, he finds himself released from petty cares and opinions, unhampered by material law, and ready for purposeful progress.

Christ Jesus, during his lifetime on earth, traveled in a small area and mostly on foot along hot, dusty roads. A limited experience, one might say. Yet we can barely glimpse the heights to which his spiritualized thought took him during the three years of his ministry, culminating in the greatest spiritual attainments of all time—resurrection and ascension.

Today through Christian Science we can learn the truths he lived and taught. The Christ message comes to all who will listen—not just to a favored few. Let us then catch this message, drop off the earth-weights, and journey toward a still higher, freer acceptance of God's kingdom on earth—the consciousness of His presence.

When our upward course appears slowed by fears or frustration, discouragement or discontent, let us remember that the operating instructions of our flight plan call for traveling light. We can then, with the aid of the Bible and the Christian Science

textbook, find the scientific spiritual facts, which, when properly applied, counteract every counterfeit material claim. Spiritual man is already perfect!

We need to make this teaching practical each day. Our Leader, Mrs. Eddy, writes: "The perfection of man is intact; whence, then, is something besides Him that is not the counterpart but the counterfeit of man's creator? Surely not from God, for He made man in His own likeness."¹ When we apply these truths to problems, the effect of our understanding becomes evident as solutions. One such demonstration of divine Love's supremacy leads to another and another.

Sometimes one feels that holding a given altitude is challenge enough without being asked to climb higher. Often thought has to be lifted above an immediate situation to find the impartial, unselfed love and inspiration that bring about a proper solution. Familiar, comforting, inspiring, these words from the book of Isaiah can help combat the heaviness of fatigue: "Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? . . . They that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles."²

It is not always easy to keep cool and fly light, but when we do, the results are well worthwhile. Recently a teen-age Sunday School pupil was asked, "If you were told to travel light—spiritually, that is—what would you take with you?" A moment's pause and the reply came back, "Only God, I guess." Only God! No human opinions, no material laws, no earth-weights. Only God and Christly qualities and messages. In "An Allegory" by Mrs. Eddy, the Stranger, who represents the Christ, asks, "Wilt thou climb the mountain, and take nothing of thine own with thee?"³

What joy and freedom, what limitless adventure awaits him who can answer "Yes!" And what superb views of Christianity in action unfold as the climb continues!

¹ *Miscellaneous Writings*, p. 173; ² Isa. 40:28, 31; ³ *Mis.*, p. 327.

We are able

MARGARET P. NEGUS

Able to do what? Enjoy abundant good. All of us are. For infinite good is what God has already bestowed upon us as in truth His loved and loving reflections.

The possibilities of what we can do humanly as we realize our true inheritance as God's image are endless. "Moses advanced a nation to the worship of God in Spirit instead of matter, and illustrated the grand human capacities of being bestowed by immortal Mind,"¹ Mrs. Eddy tells us. When we think of the deeds that numerous spiritually-minded men and women have performed—not only Moses but also the other great people of the Bible and especially Christ Jesus—we feel impelled to strive ever more diligently to express divine Love in all our ways.

This, of course, involves work on our part in putting off a false sense of man as an imperfect, fallen mortal and recognizing man's unfallen status as the pure and perfect creation of God. No one can do our work for us. We must assert our dominion over the clamor of evil in all its forms by denying the reality of evil and affirming the spiritual fact. Whether the difficulty is poor health, lack of supply or companionship, anger, or any other form of in-harmony, it is up to us to prove evil's nothingness. And since our power, or ability, is from God, this is glorious work!

Jesus, who more than anyone else proved that he reflected God's ability, stated, "I can of mine own self do nothing,"² and by healing and feeding multitudes he showed the power of God to be infinite. In humility he turned thought away from self and gave the credit for his works to the divine All-power. He was ever aware of his inseparability from God as His beloved Son. When he was tempted in the wilderness, he immediately rejected the appeals of the devil, or mortal mind, to a false sense of self.

Mrs. Eddy prayed many times a day to the divine source of all good and requested her followers to do the same. She writes: "One thing I have greatly desired, and again earnestly request, namely, that Christian Scientists, here and elsewhere, pray daily for themselves; not verbally, nor on bended knee, but mentally, meekly, and importunately. When a hungry heart petitions the divine Father-Mother God for bread, it is not given a stone,—but more grace, obedience, and love."³

Christian Science makes clear man's relationship to God. Mrs. Eddy states, "The verity that God's image is not a creator, though he reflects the creation of Mind, God, constitutes the underlying reality of reflection."⁴

During the period when my husband and I were building our house—designing, planning, and constructing it ourselves—each day I started with the thought, "Not my will, but thine, be done."⁵ Also with the realization that God is the giver of all good to man and that this recognition would enable us to do whatever was humanly necessary. The result was a house that has been a great source of joy for both of us—one that meets all our needs.

As we realize that it is divine Principle that creates and governs man and imparts all wisdom to him, we are enabled to rise above the limitations of material sense. We give up the thought that we must prove ourselves able to do this or that; instead we know the source of our ability. Then good becomes evident in the form needed.

If God, Mind, gives all wisdom and intelligence, we must learn to acknowledge this and then listen for and trust the guidance we receive from Him. I have found that I have difficulties only as I follow the opinions of others (however well-intentioned they may be) instead of listening to God. This does not mean that we should never seek the advice of others; but if we are sure of God's direction, we must not be turned aside from following it by human opinions. God supplies all our needs when we understand and depend on Him.

God is infinite Soul, imparting beauty and holiness; everlasting Principle, performing all activity; and eternal Love, providing abundant good. God cannot be other than perfect, and we can partake of this perfection here and now by understanding our re-

lationship to Him. We may not be able to express absolute perfection immediately, but as we work conscientiously to let our lives pattern the divine reality, we will progress toward our goal.

If we keep Jesus' example before us, we will learn how to manifest the purity and beauty of our real selfhood as God's reflection—how to reflect the goodness and power of eternal Truth.

¹ *Science and Health*, p. 200; ² John 5:30; ³ *Miscellaneous Writings*, p. 127; ⁴ *Science and Health*, p. 305; ⁵ Luke 22:42.

Peeling off wrong labels

DORRISENE FOREMAN

In every phase of our lives we're surrounded by labels—on our clothing, on the food we buy, on most of the products we purchase. And, more important, there are mental labels that we attach to our own or another's identity.

The concept we have of ourselves has a direct and significant influence on our life. Mrs. Eddy writes, "As a man thinketh, so is he."¹ Because the view we have of ourselves is so important, we need to be aware of the labels we are accepting as part of our identity.

Many of us seem to be carrying around false tags that were placed on us in childhood by heredity, astrology, environment. How many of these are we consciously or unconsciously identifying with? How often are we accepting the thought, "Well, this is just the way I am"? Often this admission is accompanied by resignation—we've resigned ourselves to the belief that this is just the way we are and that we can't or won't change.

But man is the representation of God, not a mortal carrying about negative, limiting traits. To truly understand our iden-

tity—who we really, spiritually are—we need to understand God. What we accept as true about our relationship to God shapes our view of ourselves.

Are we accepting the belief in a far-off God who resides in a physical heaven and is separated from man on earth? Do we see God as vengeful, capable of sending hardship, injustice, and disease? Or have we, like Abraham when he learned that God did not require him to sacrifice his son, glimpsed the loving nature of God? God cherishes each of His children.

In Job we read, “If there be a messenger with him, an interpreter, one among a thousand, to shew unto man his uprightness: then he is gracious unto him, and saith, Deliver him from going down to the pit: I have found a ransom.”² The understanding of God revealed in Christian Science is our messenger, our interpreter, our ransom, showing us our uprightness as the sons and daughters of God. Science shows us how we relate to God; it reveals His true nature and makes clear that our reflection of this Godlike nature is the only real identity we have.

The understanding of God and of our likeness to Him heals whatever is unlike God. It removes false labels. The more we know of Him, the more we see ourselves as the perfect effect of a perfect cause. We’re probably familiar with the cliché, “Like father, like son.” When we say this of God and man, it’s absolutely true.

Mrs. Eddy writes, “Do not forget that an honest, wise zeal, a lowly, triumphant trust, a true heart, and a helping hand constitute man, and nothing less is man or woman.”³ These qualities can be expressed by each of us. There are no exceptions, because every idea of God embraces all of His qualities. The evidence of the material senses, what we seem to see with our eyes, would deny or obscure man’s true identity. Material sense claims that sin, illness, death, are real. If we accept evil as a reality, we seem to be separated from good, like Eve in the Garden of Eden. The understanding Christian Science gives us of God and man enables us to see through the mirage of evil, through the illusion that ungodlike qualities are a part of our neighbors, family members, the individuals we work with, members of our church. In reality all express only God’s qualities.

Human relationships present a distinct challenge to the removing of labels. It's sometimes so easy to criticize the other fellow. Self-righteousness and self-justification would blind us to the ever-presence of good. We may have criticized someone and then after self-examination found that those very qualities we criticized claimed to be a part of us. The negative, ungodlike qualities that seem to be a part of our identity and our neighbor's don't belong to anyone; they have no true existence.

Christ Jesus understood his own identity to be the Son of God, and he was able to discern the true identity of others as the sons of God. His clear perception of identity as spiritual, perfect, enabled him to heal. And today this same Christ, Truth, that Jesus demonstrated is with us—our light, our source of calm in the storm. The Christ reveals to us our true selfhood as the child of God.

Don't we have to be willing to open the door of our consciousness to the Christ, to accept the truth of man's unity with God? We gain clearer and clearer views of sinless man as we consistently identify ourselves and others only with good.

A label is never a part of the product. It simply indicates origin, quality, and quantity. Any labels that misrepresent our true character can be removed. Whether the tag is attached by heredity, astrology, medical theory, scholastic theology, or some other widely held belief, we remove it by knowing it is never really a part of our identity.

¹ *Science and Health*, p. 166; ² Job 33:23, 24; ³ *The First Church of Christ, Scientist, and Miscellany*, p. 259.

*I have called upon thee,
for thou wilt hear me, O God:
incline thine ear unto me, and hear my speech. . . .
As for me, I will behold thy face in righteousness:
I shall be satisfied, when I awake,
with thy likeness.*

Psalms 17:6, 15

Exchange pressure for buoyancy

EDNA MAY EVANS WHITE

Each day affords fresh opportunity to decide which view to accept: Are we limited, struggling mortals, or are we cherished, loved, and protected children of God?

The lying counterfeit of the divine Mind, called in the Bible the carnal mind, which is really not intelligence at all, would insist that man is a mortal, subject to all the limitations of mortal existence, including frustration and inadequacies. Acceptance of this false view of man would weigh one down with hopelessness.

One morning when I awoke, the day ahead with its many demands looked foreboding. I felt pressured. But almost immediately I thought, "Why, I'm the child of God right now! I'll exchange mortal pressure for immortal status." And I did. I began acknowledging what a blessing it was to be alive, to be able to reason intelligently, to be aware of my spiritual substance as God's reflection, and to know that I could do everything I needed to do that day, with His ability and for His glory. The day turned out to be busy but progressively fulfilling.

Probably no individual has ever had more demands on him than Christ Jesus, who was daily faced with the greatest challenges the world can present. Yet the beloved Master, identifying himself with the Christ, his true selfhood, said with confidence, "Come unto me, all ye that labour and are heavy laden, and I will give you rest."¹

An exchange of the concept of being a pressured mortal for the reality of being a spiritual expression of the one Mind lifts sorrow and gives us buoyancy. As Mrs. Eddy studied the Scriptures for three years and devoted herself to seeking the Principle of Mind-healing, she began to realize that God had given her

the tremendous task of bringing Christian Science to the world. She writes of that time, "The search was sweet, calm, and buoyant with hope, not selfish nor depressing."² Every student of Christian Science is a seeker of Truth and can daily increase his awareness of his relationship to his Father-Mother God. This seeking should be accompanied by buoyancy and expectancy.

The outstanding spiritual leaders among the Hebrew people were those who recognized and acknowledged their relation to God and looked to Him for the ability to meet challenges with the assurance of His saving presence. Christ Jesus, who came in fulfillment of biblical prophecy and whose works are a beacon light throughout history, said, "When ye have lifted up the Son of man, then shall ye know that I am he, and that I do nothing of myself; but as my Father hath taught me, I speak these things."³ The Master never took *personal* credit or *personal* responsibility for the great good he accomplished during his ministry. And when one addressed him as "good Master," Jesus rebuked him: "Why callest thou me good? there is none good but one, that is, God."⁴

Only when we think in terms of personal power can pressure or burden prevail; whereas the realization that all good emanates from God and is ever available destroys inadequacy, jealousy, unwholesome competitiveness, regret, and disappointment. All abilities are bestowed by God on His idea. Any mesmeric belief of personal ability immediately includes the possibility of failure—can I do it? Dirt on the window reduces the flow of light; so, personal sense would deprive one of the clear recognition of God's all-power. The individual who accomplishes most with the least effort is the one who yields to divine Mind's guidance.

In God's creation there are no underprivileged or non-privileged children. God has no favorite sons or daughters, but all are equally His heirs. A spiritual idea cannot be oppressed, depressed, repressed, crushed, or pressured.

When Jacob was fleeing in terror from his brother, Esau, whose birthright he had stolen, he lay in the wilderness with his head on a stone. He saw in a dream angels ascending and descending on a ladder and declared, "Surely the Lord is in this

place; and I knew it not.”⁵ Jacob had glimpsed the angels, or inspired thoughts, coming from God and returning to Him, and he felt God’s presence. This gave him ability to master the challenge he faced.

At any moment anyone can exchange the false claim of pressure for the spiritual fact of peace by acknowledging the allness of God and accepting his own sonship. This exchanging is a privilege none can take away.

When we think we are limited, we have apparently been mesmerized into believing we are material, or at least partially so. But mortality is a myth, and the mesmeric belief in mortality can be dispelled by an acknowledgment of man’s wholly spiritual nature. We do not feel made to accept inferiority when we know we are in subjection only to God, our Father-Mother, whose governing law of Love maintains His ideas in their original state of completeness. Christian Science teaches us to separate ourselves from the universal belief in the actuality of matter. This Science unites us with the freedom-giving fact of spiritual perfection. The resulting buoyancy counteracts any downward or earthward pull of mortal belief and releases one from the grip of falsely educated beliefs in matter with its negative behavior patterns.

Knowing himself to be the son of God *now* enables one to exchange pressure for protection and burden for buoyancy. What a liberating realization! What a blessing!

¹ Matt. 11:28; ² *Science and Health*, p. 109; ³ John 8:28; ⁴ Matt. 19:16, 17; ⁵ Gen. 28:16.

*The work of righteousness shall be peace;
and the effect of righteousness
quietness and assurance for ever.
And my people shall dwell in a peaceable habitation,
and in sure dwellings,
and in quiet resting places.*

Isaiah 32:17, 18

A short course in map reading

Solemn, grim intent
to stick to the path?
Never inhaling to the
left or right of
the little black line?

The way is
fenced-in as Soul,
limited as eternity
cramped as the sky
precarious as Principle
divided as a smile
lost as omnipresence.

Balanced by your Christly rod,
radared to the depths of Love,
how could you teeter off the
curb of allness?

Straight and narrow
as an infinite line
is
the one way
home.

JO ANN LEVINE

Editorials



GEOFFREY J. BARRATT
Editor

NAOMI PRICE
Associate Editor

NATHAN A. TALBOT
Associate Editor

No mutation of spiritual sense

Spiritual sense emanates from God, Soul. This sense is pure and perfect, changeless and immutable. It reveals the true nature of being. It brings vividly into focus the scientific fact that man's eternal being is unalterably expressive of Soul. It brings healing to our lives by revealing that man doesn't evolve through processes of change but is always at the point of perfection.

Material sense is fathered by mortal mind—the belief in a personal source of intelligence, independent of Soul. Material sense is changeable. It is mutable, mortal. Man's true being is evidenced by spiritual sense. This perfect sense of being describes man accurately. It shows him to be beautiful—the constant reflection of health and goodness. Spiritual sense *never* loses sight of man's perfection as an idea of divine consciousness. The truths of reality originate in Soul and are undeviatingly revealed through spiritual sense.

But mortals gain their evidence of existence through material sense. This sense fluctuates. It is undependable. It is susceptible to mutation.

What is mutation? It could be described as the appearance of a new characteristic—one that has no precedence. The Ancon ram, for instance, was a strange animal, characterized by a long body and short legs. These characteristics were unlike those of its parents or ancestors. The ram appeared in the late seventeen hundreds in Massachusetts and was an example of a mutant. What normally would have been its identity was altered by an unexplained quirk of nature.

This hints at the nature of material sense, which is susceptible

to any fluke of mortal belief. It cannot be depended on to provide an accurate perspective of true being—the uninterrupted continuity of God's glory. The evidence of material sense is, in fact, a constant string of mutations, always fluctuating and differing from the one true source of identity—Soul. Man is not a mutant. He conforms exactly to his original identity as a unique and distinctive image of his Father-Mother God.

Spiritual sense faithfully reveals Soul's allness. All that spiritual sense brings to light of our being, we can be certain is constant and unvarying. The goodness, the purity, the love that constitute genuine identity can never be altered—can never be obscured through some new strain of existence. The health and joy of true existence can never be changed to representations of illness and depression. Spiritual sense permits no physical, psychological, or moral defect or deformity to be suddenly introduced into the continuity of perfect consciousness.

Material sense defines existence as mortal. It describes man as passing through various stages of growth, finally deteriorating until he comes to an end. What a grotesque distortion of man—the man made in God's own likeness! In the Christian Science textbook Mary Baker Eddy explains: "Mind is God, and God is not seen by material sense, because Mind is Spirit, which material sense cannot discern. There is neither growth, maturity, nor decay in Soul. These changes are the mutations of material sense, the varying clouds of mortal belief, which hide the truth of being."¹

Man is governed by spiritual sense. His basis of being, his whole perspective of reality, emanates from Soul. Soul never changes. It never permits existence to move from good to evil, from the pure to the impure. Perfection can never be modified. The perfect effect of divine cause can never be altered or transmuted. Man emanates from God, and his being invariably conforms to the nature of Soul. The Psalmist caught the spirit of this truth when, referring to God, he sang, "My covenant will I not break, nor alter the thing that is gone out of my lips."² Man is precisely what God expresses. He is intended to glorify God—to be the fulfillment of Soul's purpose.

What is the significance of all this to a mortal—to one who

seems so far removed from man as a perfect spiritual idea? These truths light the way to healing. A submission to spiritual sense lifts the individual out of the mutations—the shifting perversions—of material sense and plants him in the unchanging truths of reality. But how is this done? How can discordant material circumstances actually be healed? By identifying ourselves with Soul and by relinquishing the belief that man is a product of matter. In effect, we must exchange the false evidence of material sense for the genuine facts of spiritual sense.

Any individual can follow Christ Jesus' example by accepting the fact that God, Soul, is true substance; that true identity is not matter but is the individual expression of divine consciousness embracing spiritual attributes. A material body is essentially human consciousness embracing mutable beliefs. To break away from a mortal sense of body is not to lose identity. It is to gain a spiritual sense of substance—a permanent expression of identity. Mrs. Eddy writes: "Detach sense from the body, or matter, which is only a form of human belief, and you may learn the meaning of God, or good, and the nature of the immutable and immortal. Breaking away from the mutations of time and sense, you will neither lose the solid objects and ends of life nor your own identity."³

Man is God's child. He inherits and perpetually expresses the characteristics of perfection. He is not a product of changing, distorted material sense. He is Soul's idea. Spiritual sense reveals and sustains an understanding of his perfect nature. There is no mutation of spiritual sense. This perfect sense of being provides the constant and uniform evidence of reality.

NATHAN A. TALBOT

¹ *Science and Health with Key to the Scriptures*, pp. 310-311; ² Ps. 89:34; ³ *Science and Health*, p. 261.

Exemption from occupational hazards

Many jobs have two labels attached to them. One label lists the hazards of the occupation and the other the benefits. Often the items may seem to balance each other in such matters as long hours versus good prospects for promotion; dangers of physical injury versus good pay; mental pressures versus spiritual rewards. Candidates for the jobs may weigh the advantages and disadvantages before deciding whether or not to get involved. Then, having decided to go forward, they are liable to accept without question the possibility of suffering from the negative aspects of the occupation as well as enjoying the more positive rewards. But they need not do this.

Christian Science shows we need not—should not—accept the thought that penalties are attached to any right activity. If an occupation is lawful and beneficial to others, no one should expect that those engaged in it will suffer. The law of God, of the divine Principle from which the activity originates, can be trusted to keep safe those who are employed in it as well as to prosper the activity itself.

Even if in the course of their legitimate work individual employees are exposed to conditions that are generally considered to be unhealthy, this need cause no fear. Mrs. Eddy, the Discoverer and Founder of Christian Science, says in *Science and Health*, “Let us remember that the eternal law of right, though it can never annul the law which makes sin its own executioner, exempts man from all penalties but those due for wrong-doing.” And she continues: “Constant toil, deprivations, exposures, and all untoward conditions, *if without sin*, can be experienced without suffering. Whatever it is your duty to do, you can do without harm to yourself.”¹

Most jobs do not threaten people with such extreme working conditions as these words imply, but it is well for all of us to remember this promise of exemption from occupational hazards and insist upon receiving proper reward for all of our well-doing. Whatever our occupation, we can know we should be

safe from all perils that might in general human thought be associated with it.

Dangers of being contaminated by radiation or toxic fumes, said to be run by physicists and engineers; hazards of falling trees or masonry to workers in forestry or the building trades; even the perils nurses are believed to be exposed to in the course of their duties in caring for the sick—all such threats can be rejected. On the basis of the scientific understanding of “the eternal law of right” we can prove that man in his real being is invariably safe in God’s care, that he is well rewarded in his Father’s service, and that he is never penalized.

Since the men and women God made, the spiritual expressions of the divine Mind, are created by Him and employed by Him to bear witness to His presence and power, we can expect to see good results from the work we do under His direction. “I have created him for my glory,”² God is represented as saying, and we can be sure God’s purpose will be fulfilled. There are abundant benefits attached to being His servants, and all who are truly serving Him can claim them and be fully confident that they will receive them.

The real man is fully occupied in His service, never unemployed, never overworked, never unrewarded, never in danger. He is steadily occupied in the most rewarding of all occupations—the manifestation of God’s qualities.

The benefits of being in divine service can be claimed and enjoyed here and now by all who recognize their own status as servants of God and put their trust in His promises. We can expect to be strengthened by our activity of being about our Father’s business—not to be injured or made tired or weak. We can be sure we will gain new views of the eternally unfolding opportunities of Life and Love—not become bored and frustrated. And we can know we will have constant proof that God’s law of harmony not only excludes accident and bodily or mental deterioration but brings an increasing expression of order and well-being to our human business and other daily affairs.

There is safety and abundant rewards in expressing God’s qualities. The more active we are in doing His work, the greater

the good we must develop and the more we must enjoy our work. As well as benefiting others, we must ourselves be benefited. What Paul said to the servants of his day can be a guide to all of us: "Whatsoever ye do, do it heartily, as to the Lord, and not unto men; knowing that of the Lord ye shall receive the reward of the inheritance."³ This is the promise of divine law as revealed by Christ Jesus. We can prove for ourselves that it is practical today in saving us from all hazards of our occupation.

NAOMI PRICE

¹ *Science and Health*, p. 385; ² Isa. 43:7; ³ Col. 3:23, 24.

Work to do

Think not to shirk the work
Of nullifying lies that lurk
In thought as counterfeits
Of true ideas wrought by God.
Done well, this work is fraught
With healing for us one and all.

God's thoughts exterminate
All lies, and mischief wrought by lies;
The murk of error's night—
Fear, lust, disease—dispelled by Truth.
Then lies no longer lurk;
Each quirk of error sent to nothingness!

Think now to fill your thought
With actualities of Mind—
Those true ideas wrought
By God. Be health-filled, fearless, clean
Of heart, unflawed by fleshly
Notion, *incapable* of fall!

ROY J. LINNIG

Trick or truth?

Kathryn Mae Renner

"I'm going to be Snoopy!" Andrea said. "I'm going to be a princess," Tami said. "I think I'll be Raggedy Ann," said Kendra.

It was the weekend before Halloween. Andrea, Tami, and Kendra were sitting at the big round table of their Sunday School class, waiting for their teacher to begin. They were chattering away about the costumes they would wear trick-or-treating. Their parents had helped them plan for the chilly October trick-or-treat night all week, and it just couldn't come fast enough!

After they sang the first hymn and class began, they *knew* they should only think about God and things like how Christ Jesus taught us that God is our Father. But it was hard to stop talking about Halloween. After all, their costumes were going to be so pretty and bright, and lots of parties were planned—and they went on and on.

"All right," said their teacher at last. "Let's pretend it's Halloween right now, and we're all going trick-or-treating together!"

Tami, Kendra, and Andrea were suddenly quiet. They stared at their teacher to see what would happen next. It wasn't like her to spend Sunday School time playing games.

"Let's say we're walking down the street, and we see a witch with a tall, pointed hat and a long nose and a broom. Should we be afraid?" asked the teacher, leaning toward the girls with a questioning look.

"No-o-o-o," they all laughed, and they clapped their hands, thinking that was silly.

"Oh? Why not?" asked the teacher, looking very serious.

"Because that's just a little girl or boy underneath dressed up like a witch," Kendra said. "It's not *really* a witch!"

"How do you know that?" the teacher asked.



"If you looked underneath the costume, you'd see who's really there," one of the girls answered.

"Hmmm," muttered the teacher, as if she was thinking hard. "Well, what if we see a ghost or goblin that's all white with two big, round eyes? Now, we know there's no such thing, but what if we see one on Halloween night? Should we be afraid?"

"No-o-o-o," the girls chimed in together.

"It's just like the witch," Tami said. "It's someone dressed up like a ghost, but the ghost isn't real. It's just trying to trick you!"*

"Well, then," said their teacher, "just because our eyes see something, does that make it true?"

The girls thought a minute, then one by one their faces lit up. They remembered what they had been learning about God and how He makes all things that are good and true. But His creation is spiritual, and mortal eyes can't see spiritual things. Only spiritual sight can see spiritual color and form. We can't even see the wind, but we can see what it does, blowing the kites around in the sky and making the clouds move. We see what Spirit does when we see someone who is loving and good. But anything bad is make-believe.

"Our eyes can see wrong things, like witches and ghosts or a person who is unhappy or hurt," said Andrea.

"And that's just like a costume, isn't it?" laughed the teacher. "On the outside it's a witch or a goblin or someone unhappy, but the real individual isn't like that at all."

"God wouldn't make anyone unhappy," Kendra said.

"That's exactly right," the teacher nodded. "And since God is Love and couldn't make anyone sad or sick or scary, we shouldn't believe those things if we see them around us. They are no part of God and no part of us. We won't be tricked by things that aren't true, will we?"

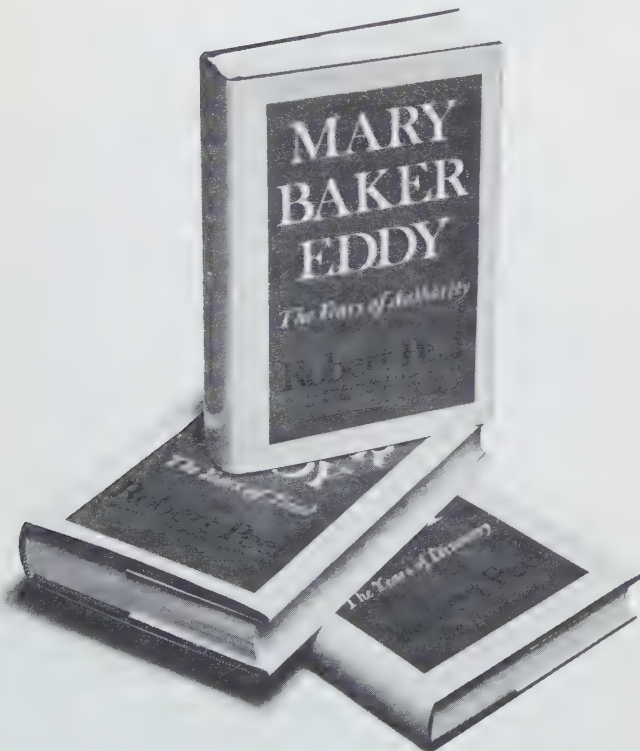
"No-o-o-o," answered the class, smiling from ear to ear.

"We can always thank God," the teacher added. "He tells us the truth instead of make-believe."

So the girls found out that even trick-or-treating can teach a lesson about God.

*Editors' Note: Mary Baker Eddy says that "children should be told not to believe in ghosts, because there are no such things" (*Science and Health*, p. 352).

Books to
tell you more
about the discoverer
of Christian Science,
her followers,
her Cause, and
the issues she raised
for thinkers then
and now.



Now all three volumes of Robert Peel's illuminating account of the life of Mary Baker Eddy are available in Christian Science Reading Rooms.

In hardcover, the final stirring chapters — *Mary Baker Eddy: The Years of Authority*, \$16.95. And also the earlier *Years of Trial*, \$8.95. *Years of Discovery*, \$7.50. In paperback, *Years of Trial*, \$3.45. *Years of Discovery*, \$3.95.

Also available directly from The Christian Science Publishing Society,
One Norway Street, Boston, MA, U.S.A. 02115.

Testimonies of Christian Science Healing

The power of God has healed me through the application of Christian Science.

About eight years ago, there suddenly developed an intense pressure in my head. I was unable to walk any distance or engage in any physical activity without an increase in this pain. Mounting the stairs to the second floor of the building where my office was located was difficult. Accompanying this condition, there was also loss of equilibrium. As a student of Christian Science, I spent time in prayer to remedy this condition. After a couple of months, I had not succeeded. I then called on a Christian Science practitioner for his prayerful help. In my discussions with the practitioner, the subject of pressure in business was raised. I saw I needed to correct the thoughts of fear and inharmony I had been entertaining. In three or four days this illness was completely healed, and there has been no recurrence.

A distasteful habit of many years was healed when I held to the inspiring thought in Psalms (51:10), "Create in me a clean heart, O God; and renew a right spirit within me." Each time the temptation came to me, I turned to God with this verse on my lips in prayer. Soon the habit completely left me.

On one occasion, my wife and I were proceeding on an errand in our car when I suddenly became ill. We returned home. During the short ride home, we were both praying, yet the stomach pains increased. When we reached home, I asked my

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

wife to call a practitioner for treatment. After my wife explained the circumstances to the practitioner, I was asked to come to the phone. The practitioner reminded me of some basic truths of Christian Science and that God's will was to preserve His idea, man, in perfect health. She repeated to me several times the necessity of my gaining the blessings from this situation. At the moment, the only blessing I wanted was to be rid of the intense pain. However, in my heart I knew what she meant. It was to gain the true spiritual idea of man—man in perfect health—and to reach some perception of man's Christly nature. A God-bestowed blessing becomes a support on which to lean, enabling us to gain a step Spiritward. This spiritual blessing strengthens faith and increases understanding of divine Love to meet each need. Many inspiring statements from the Bible and from *Science and Health with Key to the Scriptures* by Mary Baker Eddy were used in prayer and study during this healing. Within a few days, health was restored; and the blessings continue.

I am deeply grateful for Mrs. Eddy's unswerving persistence in giving the world the Comforter that was promised by Christ Jesus.

MAURICE EUGENE COLBURN
Sherman Oaks, California



How happy I am to share a recent healing with you! About two years ago I discovered a lump on my head. It wasn't too big and didn't show. I didn't do much about it; it didn't go away. As time went on, however, I became more and more conscious of it, as it had gotten larger. Also, I was having a persistent headache. I realized something must be done, and I was resolved to do it entirely with God's help through Christian Science.

It was obvious that the first thing to tackle was fear. I took out my Concordances to the Bible and to the works of Mrs. Eddy and did some research on the subject of overcoming fear. The many inspired ideas I found included Mrs. Eddy's statement in *Science and Health* (p. 66), "Trials are proofs of God's

care." I had always wondered at that, thinking to myself, "Who needs trials anyway!" Evidently I did. And in pondering that statement in conjunction with another passage in the same book, I felt assured that God had given me the ability to conquer sickness. I felt confident that I had all I needed. This was an opportunity to prove what I read (*ibid.*, p. 393): "Mind is the master of the corporeal senses, and can conquer sickness, sin, and death. Exercise this God-given authority. Take possession of your body, and govern its feeling and action."

The headache disappeared immediately, but the lump lingered. "See here," I said to myself, "are you going to settle for less than a complete healing? What more should you be doing?" My further communing with my Father-Mother God led me to a Christian Science leaflet that shows the importance of daily prayerful treatment for oneself. As I pondered its contents I realized that I was falling short in that demand to pray daily and conscientiously for myself, and I decided it was time for reform. Soon after, I had a particularly satisfying prayerful time during which I became more than ever aware of my unity with God as a spiritual idea.

I recognized that I had been trying to heal a physical condition on a mortal body and that a mortal concept of body did not represent me in the first place. I thought a lot about God's nature, and as I did, I applied His attributes to myself as idea, or reflection, of divine Mind. As His child I am not flesh, blood, bones. I am the likeness of my heavenly Father, reflecting what He is. I made an effort not to notice the physical condition but to keep alive to the facts of being for myself, as God's spiritual idea.

Three days later I was impelled to put my hand to my head. I found my hair wet. I had to look in order to clean myself and I found a small incision-like opening. Within two weeks the condition was gone and the opening fully healed.

God preserves spiritual perfection in His idea, man. We begin to see evidence of this by healing through spiritual means alone. What joy fills my heart for the lessons learned!

(Mrs.) AMY B. FOSTER
DeWitt, New York

I am happy to verify my wife's testimony. I was aware of her desire to bring about the healing solely through applying Christian Science. I was with her at the time the healing was evidenced and rejoiced with her in this proof of God's healing power.

ROBERT ALLEN FOSTER



A little over a year ago I was healed of a painful physical condition. It was necessary for me to have the prayerful help of a Christian Science practitioner daily for many months. The nights when I was most uncomfortable, I read from *Science and Health* by Mrs. Eddy and the Christian Science periodicals, and I listened to tapes.

One thought that the practitioner gave me brought about a turning point. She told me to consider God's allness in the light of this statement in *Science and Health* (p. 520): "Unfathomable Mind is expressed. The depth, breadth, height, might, majesty, and glory of infinite Love fill all space." I was encouraged to understand the tremendous infinitude of God, to feel His allness; for I was truly in God's presence, encompassed by His love, where nothing could touch me, influence me, govern me, or control me but God.

My sister helped me see that God's control is absolute; that there is in reality no action of animal magnetism calling itself fear, material theories, human opinions, or mortal beliefs that can control me mentally or physically, because God controls me, and God is the only Spirit, the only Mind.

Mrs. Eddy says in *Science and Health* (p. 103): "As named in Christian Science, animal magnetism or hypnotism is the specific term for error, or mortal mind. It is the false belief that mind is in matter, and is both evil and good; that evil is as real as good and more powerful. This belief has not one quality of Truth."

I am thankful for the prayerful support of the practitioner who stood with me, encouraging me when I became discouraged; and for my husband's steadfast trust in God, and for the

many hours he read to me. There had been a breaking out on my body. This cleared up after several months, leaving no scars. I am grateful for this healing and the many healings we have had in our family, and for the help derived from this Science when we were in business. I am truly grateful to be a Christian Scientist.

(Mrs.) ISABEL S. LOOSE
Palm Beach, Florida



Christian Science came into my life on a first date (with the man who three years later was to become my husband). I asked what church he belonged to. He told me he was a Christian Scientist. I laughed at him. He stopped the car. I certainly regained my composure and realized he was very serious.

After twelve years of struggle, and five children—years in which I fought acceptance of the truth all the way—the light finally dawned. I became a member of The Mother Church and a branch church. Me—this person that thought she would never be a Scientist! Well, I'm here to add my "gratefults!" There are so many. How can I ever express my gratitude for all of the great work that is carried on by Christian Scientists around the world, for Mrs. Eddy and all of her trials to bring us this truly wonderful and rewarding teaching. I am so thankful that I am a member of The Mother Church and a branch church.

We have used Christian Science for all our needs, but I would like to share one instance because it is one of my first healings. I had suffered from asthma since I was a small child. With the help of a Christian Science practitioner and by simply knowing, "God is All and wants nothing but good for me, His child, so how could anything be wrong," I was completely healed. Our family stands firm on the ground of God's allness, every day, to know each one's perfection.

I am so grateful for Christian Science and that I was able to attend my first Annual Meeting two years ago. It was an event I will never forget. The Mother Church is so beautiful

and immaculate. A great deal of love was expressed to us everywhere we went in Boston. I am grateful for the opportunity to belong to this group of wonderful Christians.

(Mrs.) HELEN CANNON
Cairo, Georgia



As a very young girl I had been living in intense fear for a long time. At one point I became ill and was hospitalized because of a ruptured appendix. Upon release from the hospital I was in a worse state than ever. I couldn't sleep and was afraid to eat because nothing seemed to agree with me. I began making the weary round from doctor to doctor, without result. My fear was intensified at this point because I had lost my mother to a terminal illness when I was a child, and I remembered how many physicians she had been to and how many times she had been hospitalized. It now seemed to me that history was repeating itself.

One day, during my darkest hour, while walking despondently along a lake near my home, I met a childhood friend whom I had not seen for many years. She was concerned about my appearance and condition. I told her all that had happened to me—that the doctors couldn't help me. She said, "If they can't do anything for you, why don't you try Christian Science?" "What is that?" I asked, and she answered, "I really don't know, except that a relative of mine had a severe stomach condition for which there seemed no cure. She finally tried Christian Science, and she's fine now."

I immediately contacted the relative, who confirmed her healing and gave me the name of the Christian Science practitioner who had helped her. That was many years ago, and I don't remember much of what the practitioner said when we met, but I do remember her pointing me away from a material sense of self. How welcome those thoughts were! How tired I was of the ailing self I had known. She reassured me, and gave me a *Sentinel* to read while she gave me prayerful, metaphysical treatment.

After that treatment I arrived home, threw away all my medicine, and ate a complete meal, though with some anxiety. That night I clung to the ninety-first Psalm, which the practitioner had asked me to read. It includes these words (vv. 9, 10): "Because thou hast made the Lord, which is my refuge, even the most High, thy habitation; there shall no evil befall thee, neither shall any plague come nigh thy dwelling." Then I fell asleep. When I awoke I knew I had found something that could cure me—Christian Science—and so it proved in a very short time, when the discordant physical condition was healed. At the same time I was completely healed of hay fever, a condition I had not mentioned to the practitioner because I felt it was so minor compared to my other problem. However, the intense, neurotic fear was something I struggled with for a long time. During this period I gradually gained an understanding of God. Nevertheless, not having been raised in any religion, I found it difficult to place reliance on God. The Bible was a new book to me. I loved what I was learning, and I knew this was the truth because it had healed me, but the act of trusting was not easy. The climax came one night when oppressive and unreasoning fear seemed to engulf me, and I could stand it no longer. I tried without success to maintain some truth in consciousness, then cried out, "Father, I don't care what anything or anybody may try to do to me; I know You are taking care of me. I place myself unreservedly in Your care." Immediately a great peace came over me, and I fell asleep. That was the end of the neurotic fear, and through the many years that have followed there has not been the slightest return of this malady.

Since then I have learned that divine Science is the pearl of great price. Also, that complete surrender to God's loving law of goodness heals; it silences human fear of every kind and brings the unutterably tender assurance of our at-one-ment with God, the source of all good.

I'm immeasurably grateful to Christian Science for what it has taught me about the unreality of death. I had to face the loss of two close members of my family, and the understanding this study had given me sustained and comforted me so that there was no grief to overcome. Instead I had only the deepest

gratitude for the precious gift and loveliness of the relationships over the years. I knew the qualities I loved in these individuals can never be destroyed but are still expressing God's purpose.

(Mrs.) EVELYN PELZ
Santa Cruz, California



[Original in Japanese]

My daughter gave me *Science and Health* by Mrs. Eddy, and it has only been a short time since I began reading it. I understand Christian Science only a little bit. But my daughter has long been studying Christian Science very earnestly, and occasionally she has lovingly explained it to me. Thus I learned that man is the child of God and therefore is spiritual. And I learned too how to begin proving that matter has no power.

One day, as usual, I began to prepare our supper. I fried tempura, which the family enjoys. While I was frying, for some reason the oil became extremely hot and spilled over my hand. It was so hot I screamed, "It hurts!" I naturally held my hand and fervently prayed, "Dear God, please heal me. I have to use this hand now. Show me that burn is a lie about man and that matter has no power to injure him." I put a small bandage on where the oil spilled most, and continued praying as I kept frying. Then what do you think happened? The excruciating pain disappeared, and I could put my hand into the water and was free of any painful sensation. There were no blisters, and my hand was healed. I myself was surprised at the power of God and I was filled with unspeakable gratitude. Through this healing I have been able to feel the presence of God and to learn His practical power and wonder.

When my daughter came home, I told her what had happened, and she rejoiced with me, "How wonderful! Mother, wasn't it good!"

I am determined to study Christian Science more and more, for myself, my family, and for the many people I might be able to help.

I wish to tell everyone that even if you know only a little of

Christian Science, if you make an effort to understand what you do know, and pray to God, you will surely be helped.

I am grateful to have learned through my daughter about Christian Science and the protecting and healing power of God.

(Mrs.) TOSHIKO NAKAJIMA
Kamakura, Japan



Last year when our family went on a trip, my little sister and I got the measles. I knew that God was right there with me and nothing could take my joy away. I knew when I was praying that God was good and God did not make sickness. My family prayed with me.

Soon I began to feel better. Then my sister and I were healed. We were able to have a fun time on our trip. We rode on a burro and went fishing.

I'm glad to be in the Christian Science Sunday School because of all the good things I learn about God.

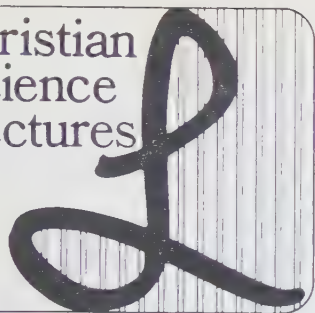
My daddy told me how to spell *burro*.

ERIN E. MOODY
New Orleans, Louisiana

My daughter's testimony of healing is accurate. Both girls were healed quickly. Our vacation then became more than a time of family recreation—it was also an opportunity to glorify God for His ever-present love and care. The validity of Christian Science healing is demonstrable today, and I am grateful that our family is learning this and that the children have the blessing of being enrolled in a Christian Science Sunday School, where they are taught to understand man's true spiritual nature in God's image.

WILLIAM E. MOODY

Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

ENGLAND

DORSET—Bournemouth: Town Hall, St. Stephen's Rd., 7:30 p.m., Mon., Dec. 4. "The Life That Is Worth Living" (Henniker-Heaton)

GREATER LONDON—Richmond (Surrey): Church, Sheen Rd., 8 p.m., Thurs., Dec. 7. "The Life That Is Worth Living" (Henniker-Heaton)

LONDON—London (Eleventh): Church, 1 Nutford Pl., 7:30 p.m., Tues., Dec. 5.‡ "The Life That Is Worth Living" (Henniker-Heaton)

CANADA AND UNITED STATES

(Week of November 12 to 18, and some earlier dates)

CANADA

BRITISH COLUMBIA—Maple Ridge (Haney): St. Andrews United Church, 22165 Dewdney Trunk Rd., 3 p.m., Sun., Nov. 12. "The Touch of Spirit" (Clarke)

Vancouver (Second): Church, 1900 W. 12th Ave., 8 p.m., Mon., Nov. 13.‡ "The Language of Soul" (Clarke)

Victoria: Church, 1205 Pandora Ave., 8 p.m., Tues., Nov. 14.‡ "Is Anybody at Home?" (Houston)

UNITED STATES

ARKANSAS—Fayetteville: Church, 1755 Rolling Hill Dr., 8 p.m., Tues., Nov. 14.‡ "Keeping Pace with God" (Plimmer)

Hot Springs: Meeting Rm. #1, Convention Auditorium, 134 Convention Blvd., 8 p.m., Thurs., Nov. 16.‡ "The Healing of Moral Weakness" (Plimmer)

Little Rock: Church, Fourth and State Sts., 8 p.m., Fri., Nov. 17.‡ "Keeping Pace with God" (Plimmer)

Mountain Home: Church, 315 E. Third St., 3:30 p.m., Sun., Nov. 12.‡ "Eternity Now" (Fleming)

CALIFORNIA—Burbank (First): Church, 230 Amherst Dr., 8 p.m., Tues., Nov. 14.‡ "The Law of Christian Science Healing" (Thorneloe)

Chico: Church, 770 Palmetto Ave., 8 p.m., Tues., Nov. 14.‡ "Individualizing God's Power" (Pickett)

Corona del Mar (Second, Newport Beach): Church, 3100 Pacific View Dr., 8 p.m., Thurs., Nov. 16.‡ "A New View of Prophecy" (Thorneloe)

Eureka: Redwood Ballroom, Red Lion Motor Inn, 1929 Fourth St., 8 p.m., Thurs., Nov. 16.‡ "Individualizing God's Power" (Pickett)

Los Angeles (Ninth): Church, 433 S. Normandie Ave., 8 p.m., Fri., Nov. 3.‡ "Spiritual Power and Its Application" (Correll)

Los Angeles (Thirteenth): Church, 1750 N. Edgemont St., 3 p.m., Sat., Nov. 18.‡ "A New View of Prophecy" (Thorneloe)

Rancho Santa Fe: Rancho Santa Fe Garden Club, La Granada and Avenida de Acacias, 8 p.m., Fri., Nov. 17.‡ [Child care at Church] "The Law of Christian Science Healing" (Thorneloe)

Reseda (Forty-fifth, Los Angeles): Church, 6340 Lindley Ave., 12 m., Tues., Oct. 31.‡ "Spiritual Power and Its Application" (Correll)

St Helena: Elementary School, 1325 Adams St., 3 p.m., Sun., Nov. 12.‡ "Individualizing God's Power" (Pickett)

DISTRICT OF COLUMBIA—Washington (Fifth): Church, 1238 31st St., N.W., 8 p.m., Thurs., Nov. 16.‡ "More than a Superstar" (Aghamalian)

FLORIDA—Daytona Beach: Church, 137 Liveoak Ave., 3 p.m., Sun., Nov. 12. "Honesty—The Power of Its Deeper Dimension" (Rennie)

Live Oak (joint lecture): Methodist Church, 311 S. Ohio Ave., 2 p.m., Sat., Nov. 18.‡ "No, You're Not Trapped!" (Leever)

Miami (Second): Theater, 3500 Main Hwy., Coconut Grove, 8 p.m., Mon., Nov. 13.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

Orlando: Howard Johnson's (downtown), 304 W. Colonial Dr. at Interstate 4, 8 p.m., Fri., Nov. 17. "Honesty—The Power of Its Deeper Dimension" (Rennie)

Sarasota: Van Wezel Performing Arts Hall, 777 N. Tamiami Trl., 8 p.m., Thurs., Nov. 16.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

Sun City Center: St. Andrews United Presbyterian Church, 1239 Del Webb Blvd., 3 p.m., Sun., Nov. 12. "The Continuity of Good" (White)

Tampa (Second): Lowry Park, Sligh Ave. and North Blvd., 3 p.m., Sun., Nov. 12.‡ "Diana or Christ?" (Aghamalian)

West Palm Beach: Church, Flagler and Okeechobee, 8 p.m., Tues., Nov. 14.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

GEORGIA—Albany: Church, 429 Fourth Ave., 8 p.m., Thurs., Nov. 16. "No, You're Not Trapped!" (Leever)

Athens: Chapel, First United Methodist Church, 327 N. Lumpkin St., 3 p.m., Sun., Nov. 12.‡ "No, You're Not Trapped!" (Leever)

Savannah: The Pulaski Rm., De Soto Hilton Hotel, Bull and Liberty Sts., 8 p.m., Tues., Nov. 14.‡ "Diana or Christ?" (Aghamalian)

Thomasville: Church, Dawson and Washington Sts., 8 p.m., Fri., Nov. 17.‡ "Quiet Conspiring Against Yourself!" (Leever)

Warner Robins: Trinity United Methodist Church, 129 S. Houston Rd., 8 p.m., Tues., Nov. 14.‡ "No, You're Not Trapped!" (Leever)

IDAHO—Lewiston: See local publicity for place and time. Sat., Nov. 4.‡ "Claim Your Real Inheritance" (Tuttle)

ILLINOIS—Chicago (Thirteenth): Church, 10317 S. Longwood Dr., 8 p.m., Fri., Nov. 17.‡ "Liberation Through Christ" (Anwandter)

Chicago (Seventeenth): Church, 55 E. Wacker Dr., 12 m., Sat., Nov. 18.‡ "The Healing Power of Spiritual Consciousness" (Anwandter)

Downers Grove: Church, 1101 Curtiss, 3 p.m., Sun., Nov. 12.‡ "Responding to the Word of God" (Anwandter)

Mt. Vernon: Church, 1308 Main St., 8 p.m., Fri., Nov. 17. "Riding Easy in the Harness" (McClain)

Northbrook: Northbrook Jr. High School, Maple Ave. and Waukegan Rd., 8 p.m., Tues., Nov. 14.‡ "Liberation Through Christ" (Anwandter)

Palatine: Church, 1 S. Rohlwing Rd., 8 p.m., Thurs., Nov. 16.‡ "Responding to the Word of God" (Anwandter)

Woodstock: Church, 111 W. South St., 8 p.m., Mon., Nov. 13.‡ "The Healing Power of Spiritual Consciousness" (Anwandter)

INDIANA—Greencastle: Church, Albin Pond Rd., 7:30 p.m., Thurs., Nov. 16. "The Key to the Mystery of Creation" (McClain)

Terre Haute: Church, 524 Swan St., 3 p.m., Sat., Nov. 18.‡ "Humanity's Link with God" (Plimmer)

KENTUCKY—Lexington: Keeneland Hall, Hilton Inn, Interstate 75 and Newton Pike, 8 p.m., Thurs., Nov. 16. "Eternity Now" (Fleming)

Louisville (Second): Church, 4125 Shelbyville Rd., 8 p.m., Tues., Nov. 14.‡ "Eternity Now" (Fleming)

MARYLAND—Baltimore (First): Scottish Rite Temple, Charles and 39th Sts., 8 p.m., Fri., Nov. 17.‡ "Diana or Christ?" (Aghamalian)

Easton: Meeting Hall, Talbot Co. Library, 100 W. Dover St., 8 p.m., Fri., Nov. 17.‡ "Is Your Heart on Fire?" (Rogers)

Rockville: See local publicity for place. 8 p.m., Fri., Nov. 17.‡ "Something to Depend On" (Jenks)

MARYLAND (continued)

Silver Spring: Church, 9100 Georgia Ave., 3 p.m., Sat., Nov. 18.‡ "A New Beginning" (Jenks)

MASSACHUSETTS—Hingham: Church, 386 Main St., 11 a.m., Sat., Nov. 4.‡ "A New Beginning" (Jenks)

MICHIGAN—Franklin: Church, Maple and Inkster Rds., Bloomfield Tnpk., 8 p.m., Mon., Nov. 13.‡ "Why Spiritual Healing?" (McClain)

Royal Oak: Church, 900 W. Fourth St., 3 p.m., Sun., Nov. 12.‡ "Do You Need a Change of Heart?" (Mondino)

Wayne: Church, 36016 Michigan Ave., W., 3 p.m., Sun., Nov. 12.‡ "The Key to the Mystery of Creation" (McClain)

MONTANA—Billings: Church, 7 Burlington, 3 p.m., Sun., Nov. 5.‡ "Claim Your Real Inheritance" (Tuttle)

NEBRASKA—North Platte: Church, 1501 West A St., 3 p.m., Sun., Nov. 12. "Claim Your Real Inheritance" (Tuttle)

NEW JERSEY—Little Silver (First, Red Bank): Red Bank Regional High School, 101 Ridge Rd., 3 p.m., Sun., Nov. 12.‡ "Something to Depend On" (Jenks)

NEW YORK—New York (Third): Church, 583 Park Ave., 8 p.m., Mon., Nov. 13.‡ "Something to Depend On" (Jenks)

NORTH CAROLINA—Asheville: Inn on the Plaza, One Thomas Wolfe Plaza, 2:30 p.m., Sat., Nov. 18.‡ "Eternity Now" (Fleming)

OHIO—Cincinnati (First, Wyoming): Princeton Cinema, Tri-County Shopping Center, Princeton and E. Kemper Rds., 10:30 a.m., Sat., Nov. 18.‡ "Why Spiritual Healing?" (McClain)

Hamilton: Church, 128 N. Second St., 8 p.m., Mon., Nov. 13.‡ "Are You Looking in the Right Direction?" (Rivas)

Lorain: Church, 2203 Meister Rd., 8 p.m., Tues., Nov. 14.‡ "Life Without Lack" (Mondino)

Oxford: Sesquicentennial Chapel, Miami University, E. Spring St., 3 p.m., Sun., Nov. 12.‡ "The Power of God" (Rivas)

Youngstown (First): Church, 1515 S. Meridian Rd., 8 p.m., Thurs., Nov. 16.‡ "Do You Need a Change of Heart?" (Mondino)

OKLAHOMA—Ada: Boswell Chapel, E.C.U., 3:15 p.m., Sun., Nov. 12. "Keeping Pace with God" (Plimmer)

OREGON—Portland (Eighth): Church, 3505 N.E. Multnomah St., 2 p.m., Sat., Nov. 11.‡ "Dare to Care" (Houston)

Portland (Tenth): Milwaukie Union High School, 11300 S.E. 23d, 4 p.m., Sat., Nov. 18. "Your Right to Be Right" (Pickett)

PENNSYLVANIA—Glenside: Church, 423 Abington Ave., 1:15 p.m., Sat., Nov. 18.‡ "More than a Superstar" (Aghamalian)

Harrisburg: Church, 2147 N. Front St., 7:30 p.m., Mon., Nov. 13.‡ "From Hell to Heaven" (Rogers)

York: Church, Broad and Market Sts., 8 p.m., Tues., Nov. 14.‡ "Is Your Heart on Fire?" (Rogers)

TEXAS—Dallas (Third): McFarlin Auditorium, Southern Methodist University, Hillcrest and McFarlin, 2 p.m., Sun., Nov. 12. "There's Only One Real Ego" (Correll)

El Paso (First): El Paso Civic Center, One Civic Center Plaza, 8 p.m., Mon., Nov. 13.‡ "A New View of Prophecy" (Thorneloe)

Houston (Seventh): See local publicity for place. 3 p.m., Sat., Nov. 18.‡ "Evil: Its Nature and Demise" (Spencer)

Lubbock: Church, 2202 Broadway, 3 p.m., Sun., Nov. 12.‡ "The Law of Christian Science Healing" (Thorneloe)

Port Arthur: Church, 3439 Thomas Blvd., 8 p.m., Fri., Nov. 17.‡ "There's Only One Real Ego" (Correll)

Roseberg: See local publicity for place. 8 p.m., Thurs., Nov. 16.‡ "There's Only One Real Ego" (Correll)

San Angelo: Church, 720 S. Abe St., 3 p.m., Sun., Nov. 12.‡ "The Healing Method of Christian Science" (Spencer)

VIRGINIA—Alexandria: Mt. Vernon Elementary School, 2601 Commonwealth Ave., 3 p.m., Sat., Nov. 18.‡ "Is Your Heart on Fire?" (Rogers)

Arlington (First): Church, 890 N. McKinley Rd., 8 p.m., Tues., Nov. 14.‡ "A New Beginning" (Jenks)

WASHINGTON—Bainbridge Island: High School, LGI Rm., 8 p.m., Mon., Nov. 13.‡ "Dare to Care" (Houston)

Purdy: Performing Arts Bldg., Peninsula High School, 6318 144th St., N.W., 3 p.m., Sun., Nov. 12.‡ "Is Anybody at Home?" (Houston)

Puyallup: United Methodist Church, 1919 W. Pioneer, 8 p.m., Tues., Nov. 14.‡ "The Language of Soul" (Clarke)

Seattle (Ninth): Crest 70 Theater, N.E. 165th and Fifth, N.E., 12 m., Fri., Nov. 17.‡ "See It Like It Is" (Houston)

Sequim: Sequim Community Center, 190 W. Cedar, 7:30 p.m., Thurs., Nov. 16.‡ "See It Like It Is" (Houston)

Spokane (Second): Church, W. 806 Indiana Ave., 3 p.m., Sat., Nov. 18.‡ "Dare to Care" (Houston)

WISCONSIN—La Crosse: See local publicity for place and time. Sat., Nov. 18.‡ "The Power of God" (Rivas)

Madison: Howard Johnson's Motor Lodge (downtown), 525 W. Johnson St., 8 p.m., Fri., Nov. 17.‡ "The Power of God" (Rivas)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

THE CHRISTIAN SCIENCE TEXTBOOK

Science and Health with Key to the Scriptures by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

THE JOY OF BELONGING TO THE MOTHER CHURCH

The sense of wholeness that comes from an honest commitment to the things you believe in—this is one of the joys of belonging to The Mother Church.

You are warmly invited to apply for membership at any time. Applications are acted on twice each year—in June (applications due by May 1) and in November (applications due by October 1).

You may obtain an application from any Christian Science Reading Room, branch church or society, from a member of The Mother Church, or from a Christian Science practitioner listed in *The Christian Science Journal*. Or you may write directly to the Clerk of The Mother Church, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

LECTURE NOTICE

Detailed information regarding lectures in the United States and Canada must reach the Journal, Sentinel, and Herald Editorial Department *nine weeks* before the week in which the lecture is to be given in order to ensure publication in the *Sentinel*. Information regarding lectures in other countries must reach the department *ten to fourteen weeks* before the week of the lecture. When lectures are to be radiocast, it should be so stated, station and frequency being included. When Children's Room facilities are to be available, this also should be stated.

The receipt of all information from the United States and Canada is acknowledged by the Editorial Department. If an acknowledgment is not received within two weeks, a duplicate notice should be forwarded.

For lecture announcements to be published in the *Herald*, please refer to information on the back of the Lecture Information forms supplied to branch churches.

CONTRIBUTIONS

Contributions from members and friends for the following funds are most gratefully accepted by The Mother Church Treasurer:

- General Purpose Fund
- Operating Fund for The Christian Science Monitor
- Charitable Institutions Fund
- Relief and Assistance Fund
- Translations Fund

Please make all checks payable to MARC ENGELER, Treasurer of The Mother Church. Send them to: Marc Engeler, Treasurer, A-72, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

TESTIMONY MEETINGS

Meetings at which testimonies of Christian Science healing are given are held in Christian Science churches on Wednesdays. A cordial invitation to attend these meetings, as well as the Sunday services, is extended to all. Information telling where and when these are held is given in the Directory in *The Christian Science Journal*.



HOW
THE
SENTINEL
CAN
KEEP
YOU
ON
TOP.
OF
EVENTS.
OF
PROBLEMS.
OF
YOURSELF.

By giving you
healing perspectives.
From the spiritual point
of view. Every week.
Wouldn't you like
to subscribe?

CHRISTIAN SCIENCE SENTINEL®

Box 125, Astor Station, Boston, MA, U.S.A. 02123

Please send me the Christian Science Sentinel each week for

- ☐ one year \$17.50.* ☐ Check/money order enclosed.
☐ six months \$8.75.* ☐ Bill me later (North America only).

*Outside U.S.A. please use current local exchange rate.

Name (Please print)

Address

Apt/Rm

City

State/Country

Zip/Postal Code

Please allow six weeks for delivery of first issue.

R74

A Living, Life-giving Church.

And its vitality keeps growing,
through the constancy and love
of its members.

Each gift supports the Church's
healing activities, and its impartial
love for all mankind.

Contributions are gratefully received
and may be sent at any time to:

Marc Engeler, Treasurer
The First Church of Christ, Scientist
Christian Science Center
Boston, MA, U.S.A. 02115

To promote a family kind of caring in church

When a group of individuals is pulling together, working toward a common goal, there's a special joy. This spirit of unity sometimes means giving up a personal viewpoint. It always means mutual caring.

In a church, it's natural to turn to God in prayer. Effective prayer is specific and wholehearted. Here's where the *Concordance to the Writings of Mary Baker Eddy* can help. With the *Concordance*, you can find concrete ideas to work and pray with. Penetrating spiritual insights come from looking up references in Mrs. Eddy's writings on such topics as "the Golden Rule," "forgiveness," "worker," "harmony," and "unity."



Both the *Church Manual* and *Seven Messages to The Mother Church* are of particular help in showing how prayer and unselfed love can promote a caring kind of family spirit within the church.

The librarian at your nearby Christian Science Reading Room will be glad to help you in your study. The Reading Room has the books you need.

Miss Frances C. Carlson, Publisher's Agent

One Norway Street, Boston, Massachusetts, U.S.A. 02115